



Creative Caring Hearts

www.creativecaringhearts.com

Volume 62

September 2009

OUR NEXT MEETING IS

**Tuesday, September 8
6:30 p.m.**

**United Methodist Church
For directions, please call
715-258-2524**

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THANK YOU TO:

WAUPACA AREA KIWANIS

I enjoyed a lovely meal and discussion time with the Kiwanis this past week. Once again, they are supporting us with a generous donation! We cannot thank them enough for their continuing support!

**THANK YOU TO ROSE
DOROW**

As I was leaving the Kiwanis meeting, Rose slipped me a check in honor of her late husband Paul, who had been a financial donator to CCH! Thank you so much, Rose!

**THANK YOU TO:
ALL THE SEPTEMBER HAT
KNITTERS!**

We made it! We have Green Bay Packer hats for the September newborns, thanks to so many of you! We have crocheted, polar fleece, and knitted hats, all in the great greens and golds (yellows) to help cheer our Packers on and to welcome the newest Packer-backers! Thanks!

**THANK YOU TO VAL
DUCHATEAU**

Val made new copies of some of our most-used patterns! Believe me, our old copies were in need of replacement! Thanks, Val!

THANK YOU TO:

**LELAND & RUBY RENDALL, AND
BRENDA HEWITT**

Thanks again go out to Leland, Ruby, and Brenda for a donation to CCH as Brenda bought some more elephants from the Rendalls' collection! Elephant dollars are terrific! Thanks!

NEEDS FOR COLDER MONTHS

As we face the fall/winter months ahead, the shelves show us that we will need the following items more than other items:

- Girl sleepers
- Girl onesies
- Boy and girl gowns
- Boy and girl bibs
- Boy and girl sweaters

Of course, all donations are greatly appreciated!

HEALTHY BEGINNINGS

Kasey Kaepernick, a representative of Healthy Beginnings, will be visiting our September 8 meeting to tell us how we can help this support system for Waupaca County newborns and their families. I hope you can all be at the meeting when he arrives to present at 7 p.m. Healthy Beginnings sounds like a perfect match for what we already do, but we will all listen and decide. Thanks!

HAPPY NOTE

A friend of mine recently visited a newborn and mom at St. Michael's. When Tami walked in she spotted a beautiful bag and commented on it. The new mom told her very excitedly about all the wonderful items inside for baby Annabelle! Tami couldn't wait to tell me so I could share the news with you! We may never see these tiny newborns, but we are spreading joy on a daily basis! Thank you!

Attachments: sweater, hat, mittens, booties patterns as requested by some of you. Enjoy!

August 2009 TOTALS

Donations given to:
St. Michael's Hospital..... 422
Riverside Hospital..... 77
Casa de Los Angeles..... 84
TOTAL 583
Donations In..... 263
Volunteer Hours.....384
Other donations: ... fabric, yarn
Cans/dishcloths total: \$56.00
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GETTING TO KNOW YOU...

JANE MINER

My Grandmother taught me how to crochet when I was about 5 or 6 years old. My mother taught me how to embroider and sew. So between the two and the talent I feel that God gave me... I took off and never put the hook down! When I first meet my husband the first thing I told him was "have hook, don't cook!" Well after 30 years of marriage, 4 children, and 1 ¾ grandsons (I have one due the first of Nov), he cooks great and I still "hook". I love to create things in crochet and, of course, give everything away. I feel that everyone from the youngest baby to the oldest adult should have a least one handmade item made especially for them. It is my goal to see how many I can service, for free. I am somewhat hampered by the fact that I am somewhat color blind, but with the help of my family and a written down color chart (or I just wing it!), I do the best I can. (I once was told by a friend at Christmas time that red and green don't go together.) I see brown and blue, try that one for color choice! I love to make colorful baby toys and vintage Barbie-sized dresses from the late 1800's the early 1900's, using bedspread weight thread and LOTS of crocheted-in beads. I once made a wedding dress that had over 8,000 strings of pearl beads in it. My crochet bag is always loaded with yarn or thread to carry with me when I go places. Never know when the chance to get in a few more stitches might arise! I am humbled by the gift that I feel God gave me and hope to spread it to as many people as possible. (Jane, CCH truly admires and appreciates you! Wait until you see her candy corn caps!)

Materials :



4 oz. (120 g) soft worsted weight yarn [Ed. note: 55-75 yd/oz, 180-240 m/100g]
size 10-1/2 needles (full-term 7-8 lb baby), size 8 or size 5 needles for preemie baby sizes (be sure needles are at least 13" long)
4 stitch holders.

(note: increase sts by "Knitting into front of stitch. Before slipping stitch off needle, place right needle behind left and knit again into back of stitch. Slip original stitch off left needle.")

Cast on **34** sts for **neck edge** (I have been told by someone that 34 sts should be 33, but 34 always works for me)

Note Always keep first and last 3 stitches in "knit" even on a "P" row.

Row 1: K

Row 2: K

Row 3: K3 *P2tog, YO. Repeat from * ending P2 tog, K3 (34st)

Row 4: K

Row 5: K3, P to last 3 sts, K3

Row 6: K3 *inc 1 by knitting once in the back of the stitch, then once in the front; K1. Repeat from * ending with inc.1, K3 (47 st)

Row 7: K3, P to last 3 sts, K3

Row 8: K3 *K2tog. Repeat from * ending K4

Row 9: K3 *K1, insert needle under next horizontal loop of row below (between sts) and knit this st. Repeat from * across, ending K4 (47 st)

Row 10: K4 * inc 1 st in next st, K2. Repeat from * end inc. 1, K3 (61 sts)

Row 11: K3, P to last 3 sts, K3

Row 12: K3, *K2 tog. Repeat from * ending K4 (34 st)

Row 13: Same as row 9. (61 st)

Row 14: K4 *inc 1 in next st, K3. Repeat from * ending with inc. 1, K4 (75 st)

Row 15: K3, P to last 3 sts, K3 (75 sts)

Row 16: K3 *K2 tog. Repeat from * ending K4 (41 st)

Row 17: K3 *K1, insert needle under next horizontal loop of row below (between sts) and knit this st. Repeat from * across, ending K4 (75 st)

Row 18: K4 *inc 1 in next st, K4. Repeat from * to end, ending with inc. 1, K5 (89)

Row 19: K3, P to last 3 sts, K3

Row 20: Same as row 16. (48 st)

Row 21: Same as row 17. (89 st)

Row 22: K5 *inc 1 in next st, K5. Repeat from * to last 5 sts-K. (103 sts)

Row 23: K3, P to last 3 sts, K3

Row 24: Same as row 16. (55 st)

Row 25: Same as row 17. (103 st)

Row 26: K17 (front), inc 1 in next st, place marker (pm), inc 1 in next st, K 15 (sleeve), inc 1 in next st, pm, inc 1 in next st, K 31 (back), inc 1 in next st, pm, inc 1 in next st, K 15 (sleeve), inc 1 in next st, pm, inc 1 in next st, K17 (front) (111 st)

(keep moving markers on each row)

Row 27: K3, P to last 3 sts, K3

Row 28: Knit, increasing 1 st at each side of markers (119 sts)

Row 29: Same as row 27.

Row 30: Same as row 28. (127 sts)

Row 31: K3, P to last 3 sts, K3

Row 32: K21, place on holder, K 23 sleeve st and keep on needle, place rest of stitches on holders -- 39 for back, 23 for other sleeve, 21 for other front.
(remove markers as you place sts on holders.)

Sleeve (make sure you get the sleeve and don't knit the front)

Rows 1-16 : work in stockinette st

Row 17: K2tog *P1, K1, P1, K2tog. Repeat from * (17 sts).

Rows 18-22: Work K1 P1 rib.

Bind off loosely.

Work other sleeve the same (Look at Row 26 to see Sleeve Sts.)

Attach yarn at underarm on right side of work and K across body (81 sts).

Work in st st keeping K3 garter border for 12 rows

Row 13: Repeat row 16 of top of sweater, but end with k4. (44 sts) (Right Side)

Row 14: Repeat row 17. (83 sts)

Rows 15-18: Work in st st keeping K3 garter border

Row 19: K3, *K2tog, YO, repeat from * ending with yo, K3.

Rows 20-23: Work in garter stitch (knit every row)

Bind off loosely.

Sew sleeve seams. Crochet a chain to thread through eyelet in top of sweater or use a pretty ribbon.

Matching Booties

Baby Booties to Match Quickie Sweater

Materials: Size 10-1/2 [Ed. note: 6.5 mm]knitting needles, 4-ply (worsted weight) yarn [Ed. note: 55-75 yd/oz, 180-240 /100g]

* Cast on 22 stitches, work K1, p1 for 3 rows to form ribbing.

* Row 4: Knit

* Row 5: Purl

* Row 6: (Pattern) K1, *k2tog across row to last st. *, K1.

* Row 7: K1, pick up stitch between and below next st, continue until last 2 sts, K2.

* Row 8: Knit

* Row 9: Purl

* Row 10: Same as row 6.

* Row 11: Same as row 7 (this pattern row is later used to run ch thru for ties)

* Begin instep: Knit 7 sts, place on holder, K8 and place remaining 7 sts on another holder. (22 sts)

* Work the 8 sts of instep in K1 row, P1 row for 10 rows.

* Break yarn off at end of 10 rows. End with knit row and place the 8 sts on holder also.

* Pick up 7 sts on holder plus 5 sts along side of instep, 8 sts at end of instep, 5 sts along other side of instep and remaining 7 sts on the other holder.

* Work these 32 sts for six rows in a K1 row, P1 row, on 7th row bind off.

* Sew up bottom and back of bootie.

* Crochet a single chain to use as a tie for the booties, one for each.

* Pom Poms can be added to the end of the ties.

Crocheted Hat Pattern

SIZE: Fits newborn babies to 3 months.

MATERIALS: Lion Brand Jamie, or sport-weight yarn-less than one 1.75 oz. skein for one hat. Crochet hook size F, OR SIZE NEEDED TO OBTAIN GAUGE.

GAUGE: 4 half double crochet=1"; 2 rows=1".

Ruffled Hat: Loosely chain 25.

Row 1: Starting in third chain from hook, work 1 half double crochet in each chain across. Chain 2, turn.

Row 2: Skip first half double crochet, work 1 half double crochet in each half double crochet across.

Chain 2, turn.

Row 3: Work 1 half double crochet in first half double crochet, 2 half double crochet in each half double crochet across. Chain 2, turn.

Row 4: Skip first half double crochet, work 1 half double crochet in each half double crochet across.

Chain 2, turn. Repeat Row 4 until a total of 14 rows (or number of rows needed for size you want) have been worked. Ch2, turn.

Ruffle: Work 2 half double crochet in first half double crochet, work 3 half double crochet in each stitch across. Fasten off.

Finishing: With yarn needle and double yarn, draw a gathering thread through each stitch along foundation chain edge. Draw up to gather and tie securely. Sew back seam edges.

Pompon: Hole thumb and forefinger about 2" apart, wrap yarn around them 100 times. Tie center of the loops with a separate strand of yarn. Cut both ends of loop and trim. Sew securely to top of hat. Fold back last two rows for ruffle.

Plain Hat: Work as for Ruffled Hat for a total of 12 rows. Fasten off and finish as for Ruffled Hat.

Knitted hat—we usually make the Full Term and Child Sized hats as we get very few calls for anything smaller.

Use 4 ply washable yarn and size 6 needles. Cast on the appropriate number of stitches for the size you want to knit. Rib in k1, p1 for 1". In stockinette, knit to the size needed.

CHILD SIZE: Cast on 74 stitches 1" ribbing (k1,p1)6" to 6.5" stockinette

Total length = 7" to 7.5"

FULL TERM: Cast on 66 stitches 1" ribbing (k1,p1) 5" to 5.5" stockinette

Total length = 6" to 6.5"

X-LARGE PREEMIE: cast on 58 stitches 1" ribbing (k1,p1)4.5" stockinette

Total length = 5" to 5.5"

LARGE PREEMIE: cast on 50 stitches 1" ribbing (k1,p1)3/5" to 4"

Total length = 4.5" to 5"

MEDIUM PREEMIE: cast on 44 stitches 1" ribbing (k1,p1)3" to 3.5" stockinette

Total length = 4" to 4.5"

SMALL PREEMIE: cast on 40 stitches 1" ribbing (k1,p1)2.5" to 3" stockinette

Total length = 3.5" to 4"

X-SMALL PREEMIE: cast on 36 stitches 1" ribbing (k1,p1) 2.5" stockinette

Total length = 3.5"

After knitting the piece to the approximate dimensions, draw allstitches together tightly at the top by weaving yarn through allthe stitches on the needle. Knot securely. Weave together the seam using yarn.

Optional: Make a pom pom or bow for the top.

Baby Mittens Knitting Pattern

These are quick to knit to warm tiny hands.

Gauge:

20 sts=5" with larger needles in St st

Materials:

Worsted weight yarn

Size 3 US (3.25 mm) double pointed needles
Size 5 US (3.75 mm) double pointed needles

Instructions

With smaller needles, CO 20 sts. Divide evenly over 4 needles and join. Make sure sts aren't twisted.

Work k1, p1 ribbing for 1 inch.

Change to larger needles and knit, inc 4 sts in the first row (24 sts).

Knit in St st for 2 inches above ribbing.

Dec 4 sts evenly (20 sts).

Knit 3 rounds.

Dec 5 sts evenly (15 sts).

Knit 3 rounds.

Dec 7 sts evenly (8 sts).

Knit one round.

Break yarn and run through sts pull tightly.

Make another to match the first. Have fun with any variety of yarn—plain, variegated, whatever.

